

Ask your doctor

# SUPPORTING INFORMATION FOR CUP PATIENTS

## Dear patient

You may have additional questions regarding your CUP journey. Please do not hesitate to ask your medical specialists about these issues. This document will provide you with examples of topics you may want to discuss with your doctor.

## CUP DIAGNOSIS



The diagnosis of CUP is made when all other primary cancer types have been ruled out by a thorough diagnostic workup — it is a diagnosis by exclusion. Therefore, you may go through different kinds of examinations.

### You may want to talk to your doctor about...

- the different kinds of examinations your doctor wants to apply
- other diagnostic possibilities than the ones you have already been through
- the need to see other specialists
- the options of biomarker and/or genomic testing

## CUP TREATMENT



CUP treatment, as treatment of cancer in general, is applied in order to pursue different goals, e.g., eliminating the cancer cells from your body, slowing down tumour growth or controlling symptoms.

### You may want to talk to your doctor about...

- treatment options for your individual situation
- the goals which are pursued by the applied treatment
- side effects of your treatment and options with fewer side effects
- the possibilities of supportive care
- the possibility of participating in a clinical trial



## Create a folder

In there, you may compile the medical input you get, your documents, and your questions. Take this folder with you when seeing your doctors — so you always have all information needed at hand.



## Bring a family member/friend

Ask a family member, a trusted friend or your carer to accompany you to the doctor appointment. They might also have relevant questions to add to the discussion.



## Take notes

Try to take notes during your discussion with the doctor — this will make further research easier and help you to remember technical terms.